

OCTOBER 2024



INSIDE THIS ISSUE:

Here's what you can find in the latest Hub Plus newsletter.

Free Training

- Induction Programme
- People Promise Series
- Roadmap Clinical Supervision Training

Plus more...

News

- REACH Network events
- Career Conversations
- Bitesize Listening Group

Plus more...

The Hub's Hub

- New member of the team
- LMC's new website

Plus more...

As a **not-for-profit** organisation, the team at **The Hub Plus** put **YOU** first. We care about people and want to help **YOU** and **YOUR team** to achieve the most with your wellbeing, aspirations, career goals, and empower personal growth.

The Hub Plus – Supporting our General Practice family on their Primary Care journey.

[Explore the Hub Plus website](#)



People Promise



Explore our range of **FREE** training courses with available spots this October and November!

Don't miss the chance to enhance your skills with our expert-led sessions. For more details and exclusive offers, click here:

<https://www.thehubplus.co.uk/events-calendar>

Introducing the Hub Plus's Induction Programme.

Suitable for all new starters and existing staff in GP practices within Derby and Derbyshire. The course covers the following topics:

- How General Practice works and where it fits in a health and social care system
- Introduction to the training hub
- IT Systems
- Multi-Disciplinary Teams
- Resources for primary care clinicians
- Support available

INDUCTION PROGRAMME

To learn more about the Induction Programme, please [click here](#).

Our short, online **People Promise training modules** will give you the personal and practical skills needed to foster stronger, more inclusive, and empowered teams.

We are very excited to be joined by **Susie Edwards from Wonder If**, who will be leading two **FREE** lunchtime topics lasting 45 minutes in October & November for General Practice teams.

To find out more about the sessions and enrol, please click below:

Courageous Conversations: 05/11/24
Leading With Purpose: 28/11/24



Roadmap Clinical Supervision Training

Date: 28/10/24
Time: 09:30-15:30
Location: Online

This course is open to anyone who is hoping to become a FCP clinical supervisor.

[Click here to find out more.](#)

Pharmacy First - drop in

Date: 17/10/24
Time: 13:00-14:00
Location: Online

If you'd like further support to help trouble shoot, myth bust, confidence boost and action plan around Pharmacy First, this course is for you!

[Click here to find out more.](#)

Clinical Update Session: Veteran health in General Practice

Date: 16/10/24
Time: 12.30-13.30
Location: Online

By the end of the session you will understand: who Veterans are and why they are a discrete group of patients, learn about the RCGP Veteran Friendly Accreditation Programme and more!

[Click here to find out more.](#)

Unlock Your Potential with The Hub Plus Training Portal!

Ready to enhance your skills and advance your career? Our **Training Portal** offers a wide range of courses designed to help you succeed. Whether you want to boost your knowledge in specific areas or develop new expertise, we've got you covered!

[Click here to sign up now!](#)



Let's talk careers! Our **1-1 Career Conversations** are designed to support all existing staff working within primary care in Derby and Derbyshire who are considering their career options.

To get started, just fill out our **quick expression of interest form** below and a member of staff will be in touch to confirm a convenient date and time with you.

[.\(smartsheet.eu\)](https://smartsheet.eu)

Have your say: Help us shape our new **EDI Improvement Plan for primary care!**

NHS England is pleased to invite colleagues from all four sectors of primary care, in both clinical and non-clinical roles, to help shape our new EDI Improvement Plan for primary care. We are hosting several engagement sessions where you can hear about the work underway to develop an EDI Improvement Plan specifically for primary care. During these sessions, you will have the opportunity to contribute to this exciting piece of work, share your reflections and help us co-design and shape this new national resource.

- **7 November 2024, 12.00-1.30pm**

We are also hosting two dedicated sessions for staff cohorts: For trainees, students, and international medical graduates:

- **10 October 2024 at 1.00-3.00pm**
- **16 October 2024 at 1.00-3.00pm**

For any questions, please contact the EDI team:
england.nationaleдитеam@nhs.net

The Race Ethnicity and Cultural Heritage network **REACH** have two more exciting events coming up very soon. Click the links below to find out more or too book your place.

[Lunch & Learn Empower Hour : Introduction to EDI in general practice - 06/11/24](#)

[An Introduction to Allyship, Advocacy and Activism - 13/11/24](#)

Learn all about **Project Management** with our **Bitesize Learning sessions**.

Focusing on the practical skills, tools and techniques to help you successfully plan and deliver your projects. Delivered virtually, with 30minutes of teaching followed by 30minute Q&A.

[Click here for more information.](#)

The Long Service Award recognises and celebrates the incredible commitment to those who have worked within the NHS for 25 years and onwards.

We've received over 70 applications from colleagues in general practice across Derby and Derbyshire. To show our gratitude to these dedication individuals, we will be hosting an informal gathering on **Wednesday 4th December 2024**. Further information will be announced very soon.

[Click here to find out more](#)

Derby & Derbyshire General Practice Conference 2024!

Thank you to everyone who joined us at the **Derby & Derbyshire General Practice Conference 2024!**

We hope you gained valuable insights and enjoyed the sessions as much as we did. To help us improve, please take a moment to fill out our feedback form, it'll take less than five minutes and the information you supply will help us in the future.

[Submit your feedback here](#)



We know that student placements are amazing, and many **Practices and Primary Care Networks (PCNs)** are eager to support them. However, we also recognise the challenges, especially when capacity within a Practice is a concern. That's where we can help! If you'd like to discuss your student placement needs and explore how we can support you, please get in touch with us at ddlmc.thehubplus@nhs.net. We're here to make the process smoother and more manageable for everyone involved.

Join us for our Healthy Start Lunch & Learn and Increase awareness involved in supporting families across Derby/Derbyshire around the **national Healthy Start scheme**.

Wednesday 11th December 2024, 12pm – 1pm via MS teams

How to book – Email

Andy.white@derby.gov.uk or

Alison.Davies@derbyshire.gov.uk

Help the next generation of primary care experts.

Our **Placement Portal** very own system created with you and your practice in mind to help you streamline your student placement process and keep all your data in one place.

To learn more or get set up with an account, email us on ddlmc.thehubplus@nhs.net. We'll answer your questions and have you up and running in no time!

Our **Students on Tour** project was a resounding success!

Thanks to the dedication and teamwork of everyone involved, we met our goals and promoted different kinds of student placements.

This achievement is a testament to our innovation, collaboration, and drive to inspire the future primary care workforce.

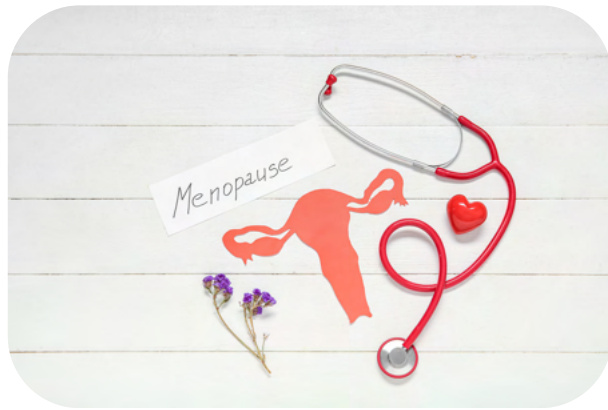
Here's to more wins ahead – congratulations to the entire team.



CPD Funding Confirmed for 2024/25 – Important Information

We are pleased to announce that **CPD funding** has now been confirmed for 2024/25.

Funding is set at a maximum of £333 per applicant. As your local primary care training hub, we are delighted to support you and your team with an extensive training provision running throughout the year which is informed by local Derbyshire opinions in our annual Training Needs Analysis. To find out more, please email – ddlmc.thehubplus@nhs.net



World Menopause Month

Dedicated to raising awareness of menopause and its impact on women's health and wellbeing. Many women experience physical and emotional symptoms that can affect their quality of life, especially in the workplace.

If you'd like to learn more, please click the link below and visit Macmillan Cancer Support.

<https://www.macmillan.org.uk/cancer-awareness/menopause-awareness-month>

I AM HERE TO LISTEN



Freedom to Speak Up Month

Every year in October we celebrate Speak Up Month – a month to raise awareness of Freedom to Speak Up and make speaking up business as usual for everyone. The theme for this year's Speak Up Month is #ListenUp – celebrating the power of listening and the important part listening well plays in encouraging people to speak up.

You can get involved with Speak Up Month on social media. We'll be using the hashtag #ListenUp Find out more from www.nationalguardian.org.uk

Stoptober

take the challenge and commit to 28 days smoke-free! Studies show that if you can quit for 28 days, you're 5 times more likely to quit for good. Your body, mind, and loved ones will thank you.

If you'd like to stop or find more how you can support a friend or family member, please visit –

<https://www.nhs.uk/better-health/quit-smoking/>



**BLACK
HISTORY
MONTH**

Black History Month

Black History Month, observed every October, is a time to honour the contributions and achievements of Black Britons, both historically and in the present, while also reflecting on how Black history shapes our current and future society.

You can find out more about Black History Month by visiting – <https://www.blackhistorymonth.org.uk/>



We are pleased to introduce the newest member of the Hub Plus Team, Charlotte Darby.

"I am the GPN lead for the Hub Plus which means I coordinate all of the GPN workstreams from within the team and support GPNs across Derbyshire by raising the GPN voice at leadership levels. As the GPN lead I am focused on all aspects of GPNs, from students all the way to Lead GPN's, I am passionate about training and education and also for Primary Care being a recognized destination for nurses to work. I still practice as a GPN and feel this will help me in my GPN lead role."

If you have any questions for Charlotte, please email: charlotte.darby6@nhs.net

Did you know the Hub Plus has a YouTube channel?

Here you'll find all the latest videos that cover a wide range of areas to support you on your Primary Care Journey.

Click the link to check it out -

<https://www.youtube.com/@TheHubPlusDerbyshire>



Our friends at the **Derby & Derbyshire LMC** have recently gone through a redesign.

Visit their new look website to find out more -

www.derbyshirelmc.org.uk



Derby & Derbyshire

LMC


Local Medical Committee

CONTACT US

We'd love to hear from you – our Primary Care family. What can we do to help YOU on your #primarycarejourney?

 ddlmc.thehubplus@nhs.net

 www.thehubplus.co.uk

 07883 328933

Find us on:     

We are here and we are listening.

